

CONFERENCE ON ADOLESCENTS

SATURDAY 4TH NOVEMBER , 8.45AM – 3PM

Focus on Suicide and Self-Harm

PROGRAMME

8:30 Zoom opens

8:45 - Welcome and introduction

**9am - 11am - Donald Campbell
Understanding an Adolescent's
Pre-Suicide States of Mind**

Break - 11:00 - 11:15

**11:15 - 1:15 - Ariel Nathanson
Some helpful clinical concepts
in the work with young people
who self-harm
Clinical material by Raeesah Khotu**

Lunch - 1:15 - 1:45

**1:45 - 3pm - Panel Discussion
Working with Parents of At Risk
Adolescents**

**Chair: Beverley Tydeman
Panel: Lebogang Mareletse and
James van der Walt**



DETAILS:

Date: Saturday 4th November, 8.45am – 3pm.

Venue: Zoom

5 Ethics points being applied for
Please send your PS numbers.

RSVP & POP: email Tricias
maphosatricias@gmail.com

For more IPCP information www.ipcp.co.za

PAYMENT:

Cost: R900 (R600 for students/interns)

Group Rates: R500pp for 5/more people. (One person makes a group booking, collects and pays.)

IPCP, Standard Bank, Killarney

Account no: 023193956

Ref: Full Name + Adolescents

Please RSVP directly, not only via a banking app.

PRESENTERS

DONALD CAMPBELL

Donald Campbell is a training and supervising analyst, Distinguished Fellow, past President of the British Psychoanalytical Society, and former Secretary General of the International Psychoanalytic Association. He also served as Chair of the Portman Clinic in London, where he worked in outpatient psychoanalytic psychotherapy as child, adolescent and adult analyst for 30 years with violent and delinquent individuals and patients suffering from a perversion.

He has published papers and chapters on such subjects as adolescence, doubt, shame, metaphor, violence, perversion, child sexual abuse, and horror film monsters. In 2017 his paper "Self-analysis and the development of an interpretation" appeared in the International Journal of Psychoanalysis. Recently, he co-authored with Rob Hale, *Working in the Dark: Understanding the pre-suicide state of mind*, which was published by Routledge.

ARIEL NATHANSON

Ariel Nathanson (MA, MPsych) is a Consultant Child, Adolescent and Adult Psychotherapist. He is a member of the Association of Child Psychotherapists (ACP), the Bowlby Centre and the UK Council for Psychotherapy (UKCP). Ariel has been working for the National Health Service in the UK for more than 20 years, most of them at the Portman Clinic in London where he specialises in the assessment and treatment of children, adolescents and young adults who display perverse, delinquent and violent behaviours. He has a private practice where he clinically works with adults, and as an organisational consultant to therapeutic communities for highly disturbed children adolescents. He is the co-editor of the book *From Trauma to Harming others: Therapeutic Work with Delinquent, Violent and Sexually Harmful Children and Young People* (2021).

BEVERLEY TYDEMAN

Beverley Tydeman has worked in education, social care health. Most of her professional life was spent in London, employed as a consultant child and adolescent psychotherapist. She was also a staff member at the Tavistock Clinic involved in the training of child psychotherapists. Beverley held the position of Chair of the Association of Child Psychotherapy (ACP) from 2008 - 2011. After retiring from full-time work with the NHS she has worked in a variety of children's centres. She has returned to South Africa and resides in Cape Town and has worked extensively with the IPCP. She has recently relocated back to London.

JAMES VAN DER WALT

James Van Der Walt is a clinical psychologist working in the adolescent unit and family therapy clinic in a psychiatric hospital, he also works with the Oxford Healthcare Centre on their adolescent program as well as consults privately in his own practice. James works with adults, adolescents, children and families. He also teaches and supervises psychology at a tertiary level.

RAEESAH KHOTU

Raesah Khotuis a clinical psychologist in private practice and is based at the Oxford Healthcare Centre where she works on the adult and adolescent DBT day program. She completed her internship and community service at Sterkfontein Psychiatric Hospital where she was trained in a forensic unit, substance use unit, and involuntary treatment wards. She also held a position at the Johannesburg Metro Community Clinic where she provided individual therapy, group interventions, and psychometric testing to disadvantaged communities. She has served as a joint appointee at WITS university where she supervised intern psychologist and psychiatry registrars.

LEBOGANG MARELETSE

Lebogang Marelestse is a Clinical Psychologist, who qualified as a multi-lingual psychotherapist as well as a family and group therapist. She obtained her degree from the University of the Free State, working in community clinics, as well as private and public hospitals. She further completed a course in Parent- Infant Psychotherapy (PIP). Currently she works in the Psychology Department in a Government State hospital, as well as runs a private practice in Johannesburg. She has a special interest in working with adolescents, as well as children, parents and families, and runs a support group for in and out patients.