



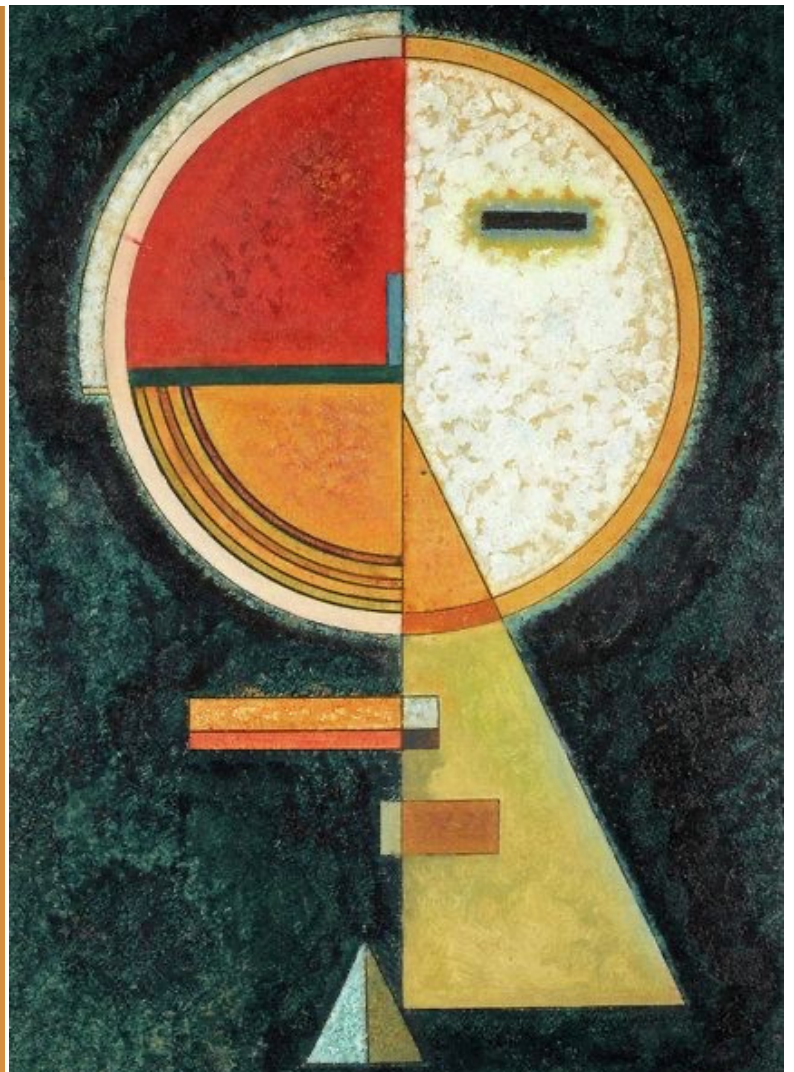
IPCP  
Institute for Psychodynamic  
Child Psychotherapy

# SEMINARS ON PRIMITIVE ANXIETIES

FACILITATED BY MARIA RHODE

Maria Rhode is Professor Emerita of Child & Adolescent Psychotherapy at the Tavistock Clinic and the University of East London; Member of the Association of Child Psychotherapists; and Child Analyst of the British Psychoanalytical Society.

In this series of seminars, we will consider various manifestations of existential anxieties, which are to do with survival and which are manifested on the level of the body. We will also discuss how such anxieties can underlie a range of other problems, both in children and in adults; and how, instead of being walled off (encapsulated), they can come to be integrated into the personality.



## OUTLINE

### First Seminar: Bodily levels of existential anxiety

This seminar concerns the catastrophic levels of bodily anxiety that can accompany the realisation of bodily separateness (physical or psychological birth).

### Third Seminar: Losing the Mouth

This seminar considers the experience that some children and adults have of losing parts of their mouth when they realise that they are separate from the caregiver; this can sometimes be accompanied by physical manifestations such as bleeding.

### Fifth Seminar: Encapsulation of primitive anxieties: The reliance on self-generated sensation

This seminar addresses an important self-protective strategy for attempting to deal with primitive anxieties: that of encapsulation, which takes place through recourse to (self-generated) sensation. Encapsulation can be a way of avoiding the full impact of the anxieties, but comes at the price of being cut off from the outside world and its possibilities.

### Second Seminar: More on characteristic bodily anxieties.

This seminar addresses further examples in 'normal neurotic' patients of anxieties such as falling and spilling out.

### Fourth Seminar: Losing the limbs or half of the body: Development of the body image

In this seminar, we discuss Geneviève Haag's work on primitive anxieties concerning the loss of half of the body or of limbs, as well as the developmental hypotheses concerning the construction of the body image that grew out of this work. Because most of Haag's writing has not been translated into English, the Required Reading is a summary of her proposals, and original papers are in the Recommended Reading.

### Sixth Seminar: 'Pockets' of primitive anxieties in 'normal/neurotic' patients: Steps towards their integration

In this seminar, we consider enclaves of primitive anxieties within the personality of normal/neurotic patients, and examples of how these may be integrated in the course of therapy.

#### DETAILS:

Time: Fridays 15:00-16:30 until Oct; and 16:00-17:30 thereafter.

Dates: 5 May, 2 June, 7 July, 1 Sep, 6 Oct, 3 Nov 2023.

Venue: Zoom

6 CPD points applied for.

RSVP & POP: email Tricias  
maphosatricias@gmail.com

#### PAYMENT:

Cost: R2600 (R1300 for students/interns)

Group Booking - R650pp for 5/more people.

IPCP, Standard Bank, Killarney

Account no: 023193956

Ref: Full Name + PRIMITIVE ANXIETIES

Please RSVP directly, not only via a banking app.  
Readings will be sent once payment is made.