

Enhancing Parenting: thinking psychoanalytically about work with parents

This is a short course, of four seminars, that focuses on working with parents, who have children of all developmental ages - from young children, to 'adult' children. In each seminar, case examples will be discussed. While some theoretical ideas will be aired, the hope is to provide a space for clinicians to think about and share some challenges of working with parents, which will be valuable to their own work.



SEMINAR 1 : Saturday 20 May 2023

Establishing the Space for Thinking about the Child – Bev Tydeman

The Workshop will explore where the difficulties are located - in the problem child or the problem couple? The work is on the cusp of parenting and partnering. Psychoanalytic concepts such as reverie, containment, and sharing space, physical and mental, will be introduced.

SEMINAR 3 : Saturday 3 June 2023

A Psychoanalytic Model of Reconsidering the way we work with Children, Adolescents and their Parents - Terri Blaszkiewicz and Alana Brozin

Practical steps from the moment of first contact; the effectiveness of thinking about the child in the room but without having them physically present in the room; understanding what may be happening in the complex relationships between parents & children and the parenting couple; making the decision whether the child needs to be seen or whether work with the parents is enough; the parents' role in the child's struggle

Dates: Saturday 20 & 27 May, 3 & 10 June 2023

Time: 10h00 - 12h00

CPD: 8 CBD Points are being applied for

Venue: Zoom

Cost: R1 800,00 p/p

R900,00 students/interns

R600,00 pp for groups of 5 or more

SEMINAR 2 : Saturday 27 May 2023

Very Early Relationships – Katharine Frost

This seminar will discuss the powerful impact of working with parents with their very young babies. This is a modality of psychotherapeutic intervention that remains underutilized in spite of a growing body of evidence of its effectiveness.

SEMINAR 4 : Saturday 10 June 2023

Endings – Mary- Anne Tandy

In our work children's endings are rarely given the attention they need & often arouse many difficult feelings in us as practitioners. What happens in the transference & countertransference once a decision has been made to end therapy? Focus on issues around ending cases & different scenarios that involve working with parents, some of whom might actively or passively 'sabotage' the child's therapy (take the child out of therapy prematurely & abruptly, 'make' the clinician feel inadequate, or put therapy on hold for financial reasons)

RSVP: Zarius Grove at zarius.grove@gmail.com

Account Name: IPCP

Bank: Standard Bank, Killarney

Account number: 023193956

Ref: Name + Parenting

NB RSVP directly (not via banking app)

Seminar Presenters

SEMINAR 1: Saturday 20 May 2023

Beverley Tydeman has worked in education, social care health. Most of her professional life was spent in London, employed as a consultant child and adolescent psychotherapist. She was also a staff member at the Tavistock Clinic involved in the training of child psychotherapists. Beverley held the position of Chair of the Association of Child Psychotherapy (ACP) from 2008 - 2011. After retiring from full-time work with the NHS she has worked in a variety of children's centres. She has returned to South Africa and resides in Cape Town and has worked extensively with the IPCP.

SEMINAR 2: Saturday 27 May 2023

Katharine Frost is an educational psychologist in private practice in Northcliff, Johannesburg, and is a member of the IPCP. She has previously worked at the Ububele Educational and Psychotherapy Trust as the head of the Parent-Infant Programme and later as the director. She continues to provide consultation for Ububele and other South African child and parent-focused non-profit organisations.

SEMINAR 3: Saturday 3 June 2023

Terri Blaszkiewicz trained and works as a Child and Adolescent Psychotherapist - offering Psychodynamic/ psychoanalytic Psychotherapy to children and adolescents; adults; couples and parent support. She studied Psychology at UCT and then later did her Masters's in London at The Tavistock and Portman Clinic. She worked in the National Health Service for 10 years as a Child and Adolescent Psychotherapist before returning to live in South Africa. She currently works in private practice in Gardens Cape Town, offering Individual Psychotherapy, supervision, and teaching.

Alana Brozin is a psychologist in private practice in Muizenberg, Cape Town, seeing children, adolescents, and parents. She has taught child work and supervised psychology students at Wits University, and Stellenbosch University, and is also a teacher on the IPCP. She is the previous Chair of the Cape Town Child and Adolescent Psychotherapists Group and is a member of the Psychoanalytic Couple Therapists Group.

SEMINAR 4: Saturday 10 June 2023

Mary-Anne Tandy returned to South Africa in January 2013. She has a master's degree in Child and Adolescent Psychotherapy from the Tavistock Clinic, London where she also trained. Since being in South Africa she has qualified as a Child and Adult analyst. After her training, she worked for the NHS as a member of the Child and Family Consultation service in Hackney, East London. As part of the multi-disciplinary community team, she saw children with a range of mental health difficulties and complex social needs. For several years she was a tutor and work discussion leader on the M7 Infant Observation Course at the Tavistock Clinic. Mary-Anne currently works at Ububele as a supervisor to their interns. She is also a member of the IPCP with an interest in developing child psychotherapy in South Africa. She also has a private practice in Parkview.